



Breastfeeding Support

**Support 24/7 –
HealthLine 811**

WHITEHORSE

Whitehorse Health Centre

9010 Quartz Road

667-8864

Prenatal classes

- Breastfeeding clinics with a lactation consultant (by appointment)
- Post-partum home visits
- Q&A sessions (First Wednesday of every month; 1 to 3 p.m.)
- Breastfeeding room open during regular business hours (Monday to Friday, 8 a.m. to 4:30 p.m.)
- Nurse on call every day during regular business hours

Kwanlin Dun Health Centre

53 McClimon Crescent

668-7289 ext:212

- Breast pumps and food vouchers to KDFN citizens from pre-natal to 18 months of age
- Breastfeeding support
- Vitamin D, pre-natal supports, nipple cream, breast pads
- Post-partum home visits
- Healthy Babies/Healthy Generations

Kathryn Laloge, Maternal, Paternal, and Child Health Nurse, Healthy Babies, Healthy Generations Program

668-7289 ext:212 or kathryn.laloge@kdfn.net

Renée Roy, Maternal, Paternal, Family, Child Support Worker

334-3128 or renee.roy@kdfn.net

La Leche League

334-5052 / 1-800-665-4324

laingheidi@gmail.com or kari.joly@me.com

- Meeting every first Thursday of the month at 10:30 a.m. at the Canada Game Centre (Family Literary Centre)

YUKON COMMUNITIES

Community Health Centres Services provided:

- Prenatal education
- Post-partum home visits
- Breastfeeding support
- Lactation Consultant (via. Telehealth with WHC)
- Prenatal vitamins, vitamin D drops, Lansinoh nipple cream, breastfeeding pads

Watson Lake Health Centre	536-5255
Dawson City Health Centre	993-4300
Ross River Health Centre	969-4444
Old Crow Health Centre	966-4444
Carcross Health Centre	821-4444
Beaver Creek Health Centre	862-4444
Carmacks Health Centre	863-4444
Destruction Bay Health Centre	841-4444
Faro Health Centre	994-4444
Haines Junction Health Centre	634-4444
Mayo Health Centre	996-4444
Pelly Crossing Health Centre	537-4444
Teslin Health Centre	390-4444



Canada Prenatal Nutrition Program

WHITEHORSE

Victoria Faulkner Women's Centre 667-4134
503 Hanson Street
vfwomenscentre.com/program?program=healthy-moms-healthy-babies
hmhb@vfwomenscentre.com

Teen Parent Centre 667-TEEN (8336)
teenparentcentreyukon.ca
info@teenparentcentreyukon.ca

Skookum Jim Friendship Centre 633-7680
3159 Third Avenue
skookumjim.com/programs/prenatal-nutrition
sjfcprenatal@northwestel.net

Les Essentielles (français) 668-2663, ext. 820
302 Strickland Street
lesessentielles.ca/mamans-papas-et-bebe-sante
pcnp@lesessentielles.ca

COMMUNITIES

Carcross/Tagish First Nation 821-4251, ext. 8263
Healthy Moms Healthy Babies
cpnpinfo@ctfn.ca

Dawson Shelter Society 993-5149
Healthy Moms Healthy Babies
cpnpdawson@northwestel.net

Teslin Tlingit Council 390-2532, ext. 371
Prenatal Program
patty.wiseman@ttc-teslin.com or jodi.jules@ttc-teslin.com

Watson Lake Family Centre 536-2125
Healthy Moms Healthy Babies
wlcnpn.cpc@gmail.com

ONLINE RESOURCES

Whitehorse Health Centre
hss.gov.yk.ca/healthcentre_whse.php

Community Health Centres
hss.gov.yk.ca/healthcentres.php

Canada Prenatal Nutrition Program
phac-aspc.gc.ca/hp-ps/dca-dea/prog-ini/cpnp-pcnp/index-eng.php

La Leche League Canada — Whitehorse
llc.ca/llc-whitehorse

Kwanlin Dun Health Centre
kwanlindun.com/health/section/services